

Foil Packet Kielbasa Recipe

Ingredients

1 lb beef sausage or Kielbasa
2 cups chopped up yellow squash
2 cups chopped up zucchini
1 cup sliced white mushrooms
1 Tbs Montreal Steak Seasoning
1 Tbs olive oil
4 1 ft pieces of Handi Foil 12in wide

[Order Ingredients](#)

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Instructions

Preheat oven to 375 or grill to 500
Lay foil out on a tray
Cut up sausage/kielbasa into rounds and squash and zucchini into bit sized pieces.
Toss mushrooms, sausage, squash, olive oil, and seasoning in a bowl and stir until coated
Divide amongst the foil, and fold foil up to form a sealed packet
Bake on a tray for 35-40 minutes until fragrant and vegetables are tender
Or Grill for approximately 20 minutes, turning or flipping and checking regularly.
Enjoy!

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